



# COMMUNITY GARDENING FOR GOOD HEALTH

*Would you like to meet other people, do something useful and creative, take exercise at your own pace in the fresh air, share your skills and learn new ones, enjoy produce you've grown yourself...?*

*Community gardens are run by volunteers to offer local people the opportunity to come together to enjoy the physical and psychological benefits of working outdoors with other people, and doing something productive. Why not contact a community garden near you in Kingston to find out more or have a go?*

## CENTRAL KINGSTON

### Kingston Cemetery Nature Group

Main entrance, Bonner Hill Road KT1 3EZ  
Conservation workdays on 3<sup>rd</sup> Saturday every month.

See [kbn.uk.com](http://kbn.uk.com) or  
[facebook.com/KingstonBiodiversityNetwork](https://www.facebook.com/KingstonBiodiversityNetwork).

Contact: [marina@kingstoneco.org.uk](mailto:marina@kingstoneco.org.uk) 020 8942 5251

### Hogsmill Community Garden

Swan Path, alongside the Hogsmill River  
Open Wednesdays & Saturdays & by arrangement for  
wild-life-friendly gardening – all welcome, wheelchair  
access. See [facebook.com/hogsmillcommunitygarden](https://www.facebook.com/hogsmillcommunitygarden).

Contact: [julie.blythe@hotmail.co.uk](mailto:julie.blythe@hotmail.co.uk).

### All Saints Gardeners

All Saints Church Kingston, Market Place, KT1  
Saturdays, 10.00 - 11.00am

Contact: [brian.cornick@waitrose.com](mailto:brian.cornick@waitrose.com)

## NORTH KINGSTON

### Canbury Community Garden

Former gardeners' yard, next to Kings Passage and  
Canbury Gardens, Lower Ham Road KT2 5AJ  
Regular wild-life-friendly Saturday or Sunday  
gardening sessions, all welcome. See

[facebook.com/groups/canburycommunitygarden](https://www.facebook.com/groups/canburycommunitygarden).

### Parkfields Community Garden

Parkfields Allotments, Parkfields Road, KT2 5LL  
Volunteer sessions on Thursdays, 2.00 – 5.00pm  
Observe nature, share skills, grow food and play  
outdoors – children welcome. See

[facebook.com/parkfieldsgarden](https://www.facebook.com/parkfieldsgarden).

Contact: [parkfieldsgarden@gmail.com](mailto:parkfieldsgarden@gmail.com)

## NEW MALDEN

### Kingston Environment Centre

1 Kingston Road KT3 3PE 020 8942 5251

Volunteers welcome to help in KEC's backyard garden  
on Wednesday mornings. See [kingstoneco.org.uk/](http://kingstoneco.org.uk/)  
or [facebook.com/groups/32748919218](https://www.facebook.com/groups/32748919218).

The **New Malden Gardening Task Force** also meets at  
the Environment Centre on Fridays at 3.00pm. See  
<https://www.facebook.com/newmaldentaskforce>.

## SOUTH OF THE BOROUGH

### Surbiton Wildlife Group

Volunteering in Surbiton green spaces. See  
[facebook.com/SurbitonWildlifeGroup](https://www.facebook.com/SurbitonWildlifeGroup).  
Contact: [surbitonwildlife@hotmail.com](mailto:surbitonwildlife@hotmail.com)

### Broad Oaks Community Garden

Behind Tolworth Broadway, KT6 7HB  
Some Saturday morning gardening and tidy-ups  
Contact: [helen.shipp@cebglobal.com](mailto:helen.shipp@cebglobal.com)

### Kingston Permaculture Reserve

Knollmead Allotments, behind Knollmead Primary  
School, Tolworth KT5 9QP  
Some Sunday afternoons - group gardening with soup  
over the fire. See [www.kpr2016.wordpress.com](http://www.kpr2016.wordpress.com)  
or [facebook.com/groups/364895080405](https://www.facebook.com/groups/364895080405).

### Kingston Orchard Project

Knollmead Allotments Tolworth, KT5 9QP  
Some Sunday afternoons. See  
[facebook.com/KingstonOrchardProject](https://www.facebook.com/KingstonOrchardProject),

**BEFORE YOU GO** - check opening times  
and weather!

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